Gluten Friendly Menu

UMAMI

Small Plates

Edamame (GF, V, VE) $10
Sea salt, shallots.

Karaage Fried Chicken (GF) $18
Boneless fried chicken thigh, pickled daikon, cucumber, spring onion.
- Sticky sweet & spicy sauce
- Soy garlic sauce

Prawn Dumplings (I) $19
Delicate parcels of prawn, bamboo shoot & chilli, kissed with sesame oil. Bite-sized bliss.

Wok

Cauliflower Cashew (GF, V) $27
Cauliflower, bell peppers, onion, ginger, garlic, roasted cashews, mirin, soy sauce.

Kung Pao Chicken (GF) $29
Chicken thigh, spring onion, red onion, peanut, dried chillies, capsicum, celery, roasted sesame seeds, garlic soy sauce.

Sticky Pork Ribs (GF) $33
Twice-cooked and glazed with honey soy, spring onion & roasted sesame seeds. Fall-off-the-bone good.

Bowls

Drunken Noodles (GF, V, VE) $22
Flat rice noodles, onion, garlic, sesame, carrot, choy sum, spring onion, thai basil, chilli oil vinegar. Messy, spicy and full of attitude.

Coconut Yellow Curry (GF) $24
Lemongrass, galangal, ginger, potato, Thai basil, fried curry leaves.

Add Karaage Chicken $8
Add Barramundi (A) $10
Add Wagyu Beef $10

Sides

Pork & Cabbage Fried Rice (GF) $19
Rice, pork, egg, cabbage, spring onion

Vegetable Fried Rice (GF, V) $18
Rice, edamame, corn, egg, bean sprouts, spring onion

Steamed Rice (GF, V, VE) $5

Steamed Asian Greens (GF, V, VE) $16
Asian greens, light sweet garlic soy sauce

Gluten Friendly Menu

Luckies Diner

ONDA Healthy Living

Chicken Wings & Tenders

Southern Fried Wings or Tenders (5) (GF) $19
Ranch on the side
Tossed in Spicy Buffalo Sauce
Tossed in Housemade Sticky BBQ Sauce
Tossed in Alabama Sauce

Burger Bowls

Served with ranch slaw, burger salad & all of the extras in your burger

Royale with Cheese (GF) $25
Beef, cheese, lettuce, tomato, pickle & special sauce
• Add truffle $2

Mushroom & Halloumi (GF, V) $26
Grilled field mushroom, halloumi, tomato, lettuce, red onion, avocado & special sauce

Chicken Deluxe (GF) $26
Southern fried tenders, cheese, lettuce, tomato, ranch with smokey BBQ or buffalo sauce

BBQ Bacon Cheese (GF) $27
Bacon, beef, cheese, lettuce, tomato, pickles & BBQ sauce

Aussie Aussie Aussie (GF) $27
Beef, grilled pineapple, beetroot, egg, cheese, lettuce, tomato, pickle & special sauce

Shoestring Fries

Seasoned Fries (GF, V) $11
Served with ketchup

Sweet Potato Fries (GF, V) $16
Served with ranch dipping sauce

Make it truffle (V) + $4

Bowls

The Glow Up Bowl (GF, V) $27
Beetroot, smoked feta, cabbage, carrot, grilled zucchini, blistered tomatoes, pickled red onion and poppy seed dressing.

Mexicila Salad (GF, V) $29
Cos, tomato, peppers, corn, avocado, black beans, pepitas, red onion, coriander, corn chips, lime chilli dressing.

fat tomato · Pizza & Pasta ·

Pasta

Lamb Ragu Gnocchi (GF) $35
Lamb shoulder, cherry tomatoes, sage, parmesan

Bolognese Gnocchi (GF) $30
Slow braised beef, pork mince, sugo, parmesan, basil

Carbonara Gnocchi (GF) $30
Bacon, mushrooms, cream, parmesan, egg, parsley

Pasta Alla Vodka Gnocchi (GF, V) $28
Vodka sauce, feta, pine nuts, parsley

Pesto & Burrata Gnocchi $32
Basil, pine nuts, parmesan, cream, garlic, burrata

Chilli Prawn Gnocchi (I) $38
Prawns, chilli, cherry tomato, garlic, basil, white wine, olive oil

Pizza: all pizzas available on a gluten friendly base + $6

Vegetarian Menu

fat tomato · Pizza & Pasta ·

UMAMI

Pizza & Focaccia

Garlic Cheese (V) $16
Confit garlic, mozzarella

Bruschetta (V) $19
Confit garlic, mozzarella, tomatoes, basil

Burrata (V) $24
Confit garlic, mozzarella, basil, burrata

Red Base

Margherita (V) $25
Cherry tomatoes, basil, fior di latte, tomato sugo

Pumpkin & Feta (V) $28
Roasted pumpkin, spinach, feta, pine nuts, fior di latte, tomato sugo

White Base

Forest Mushroom (V) $29
Mushrooms, confit garlic, parmesan, truffle oil, fior di latte

Vodka Sauce (V) $29
Vodka sauce, cherry tomatoes, burrata, pesto

Pasta

Your choice of gnocchi (GF), penne or spaghetti

Pasta Alla Vodka (V) $28
Vodka sauce, feta, pine nuts, parsley

Pesto & Burrata Pasta (V) $32
Basil, pine nuts, parmesan, cream, garlic, burrata.

Small Plates & Dumplings

Mushroom Bao (VE) $18
Tempura enoki, bao bun, pickled cucumber, slaw, Okonomiyaki sauce

Vegetable Gyoza (VE) $17
Gyoza filled with cabbage, chives, radish, carrot, spring onion, Okonomiyaki sauce.

Wok & Bowls

Cauliflower Cashew (GF, V) $27
Cauliflower, bell peppers, onion, ginger, garlic, roasted cashews, mirin, soy sauce

Drunken Noodles (V, VE) $22
Flat rice noodles, onion, garlic, sesame, carrot, choy sum, spring onion, Thai basil, chilli oil vinegar

Sides

Vegetable Fried Rice (GF, V) $18
Rice, edamame, corn, egg, beansprouts, spring onion

Steamed Rice (GF, V, VE) $5

Steamed Asian Greens (GF, V, VE) $16
Asian greens, light sweet garlic soy sauce

Please note: We're happy to adapt some vegetarian dishes to vegan. Simply chat with your server, and they'll guide you through the changes we can make.

Vegetarian Menu

ONDA HEALTHY LIVING

Luckies DINER

Bowls

Green Goddess (V, VE) $27
Fresh cucumber, radish, edamame, avocado, green shallots, broccoli, brown rice and pistachio.

The Glow Up (V) $27
Beetroot, smoked feta, cabbage, carrot, grilled zucchini, blistered tomatoes, pickled red onion & poppy seed dressing.

Salads

Mexicila (GF, V) $29
Cos, tomato, peppers, corn, avocado, black beans, pepitas, red onion, coriander, corn chips, lime chilli dressing

Sweet Heat (V) $29
Grilled halloumi, roasted pumpkin, quinoa, radicchio, raisins, hot honey & lemon

Please note: We're happy to adapt some vegetarian dishes to vegan. Simply chat with your server, and they'll guide you through the changes we can make.

Snacks n Macs

Cheesy Fried Halloumi Sticks (V) $16
Served with tomato marinara sauce

Mac 'n' Cheese (V) $14
Three cheese mac & cheese

Burgers & Sliders

Mushroom & Halloumi Burger (V) $24
Grilled field mushroom, tomato, lettuce, red onion, halloumi, avocado, special sauce

Halloumi Slider (V) $19
Halloumi, mushroom, lettuce and special sauce. Savoury, salty, satisfying.

Fries

Seasoned Fries (V) $11
Served with ketchup
- Make it cheesy (V) $3
- Make it truffle (V) $4

Sweet Potato Fries (V) $16
Served with ranch dipping sauce

THE Collective PALM BEACH

Vegan Menu

UMAMI

Small Plates

Edamame (GF, V, VE) $10
Sea salt, shallots.

Mushroom Bao (2) (VE) $18
Tempura enoki, bao bun, pickled cucumber, slaw, Okonomiyaki sauce

Vegetable Spring Rolls (3) (VE) $15
Mixed vegetables in spring roll pastry, served with ginger plum sauce

Vegetable Gyoza (VE) $17
Gyoza filled with cabbage, chives, radish, carrot, spring onion, Okonomiyaki sauce.

Bowls

Cauliflower Cashew (GF, VE, V) $27
Wok-tossed with bell peppers, ginger, onion, garlic, mirin, soy sauce & toasted cashews. Crunch & fire.

Sides

Steamed Rice (GF, V, VE) $5

Steamed Asian Greens (GF, V, VE) $16
Asian greens, light sweet garlic soy sauce

Luckies DINER

Bowls

Mushroom Bowl (GF, VE) $24
Grilled field mushroom, tomato, lettuce, red onion, avocado; served with seasoned fries.

Sides

Sweet Potato Fries (GF, VE, V) $16
Golden sweet potato fries, side of tomato sauce for dunking.

Cajun Seasoned Fries (GF, VE) $11
Cajun crispy shoestring seasoned fries, ketchup.

ONDA HEALTHY LIVING

Bowls

Green Goddess (VE, GF) $27
Fresh cucumber, radish, edamame, avocado, green shallots, broccoli, brown rice & pistachio

Mexicila Salad (VE, GF) $29
Cos, tomato, peppers, corn, avocado, black beans, pepitas, red onion, coriander, corn chips & chilli lime dressing

Vegan Sweet Heat (VE) $29
Roasted pumpkin, quinoa, radicchio, raisins, hot honey & lemon

Vegan The Glow Up (VE) $27
Beetroot, cabbage, carrot, grilled zucchini, blistered tomatoes, pickled red onion, poppy seed dressing.

fat tomato · Pizza & Pasta ·

Pizza

Vegan Bruschetta (VE) $21
Confit garlic, vegan mozzarella, tomato, basil

Vegan Garlic Focaccia (VE) $16
Confit garlic, vegan mozzarella, oregano

Vegan Margherita (VE) $27
Salsa di pomodoro, vegan mozzarella, cashew parmesan, oregano

Vegan Forest Mushroom (VE) $29
Mushrooms, confit garlic, parmesan, truffle oil & fior di latte. Deep, earthy flavour.

Vegan Pumpkin Pizza (VE) $28
Roasted pumpkin, spinach, pine nuts, vegan cheese, tomato sugo

Coeliac Menu

ONDA
HEALTHY LIVING

UMAMI

Bowls

Green Goddess (V,VE, GF) $27
Fresh cucumber, radish, edamame, avocado, green shallots, broccoli, brown rice and pistachio.

The Glow Up (V) $27
Beetroot, smoked feta, cabbage, carrot, grilled zucchini, blistered tomatoes, pickled red onion & poppy seed dressing.

Salads

Duck Leg Red Curry (GF) $34
Roasted duck leg with rice noodles, bean sprouts, pineapple, Thai basil, peanuts and red curry dressing.

Ribs & Ranch (GF) $33
Slow-braised beef short rib, cherry tomato, cucumber, corn, avocado, butter lettuce and dill ranch.

Mexicila (GF) $29
Cos, tomato, peppers, corn, avocado, black beans, pepitas, red onion, coriander, corn chips, lime chilli dressing.

Sweet Heat (GF, V) $29
Grilled halloumi, roasted pumpkin, quinoa, radicchio, raisins, hot honey and lemon.

Please note: Some Umami dishes require minor sauce modifications to be suitable for coeliac guests. We also have a dedicated coeliac fryer located in Onda.

Small Plates

Edamame (GF,V,VE) $10
Sea salt, shallots.

Karaage Chicken (GF) $18
Boneless fried chicken thigh, pickled daikon, cucumber, spring onion.

Wok

Sticky Pork Ribs (GF) $33
Twice cooked pork ribs, roasted sesame seeds, spring onion, honey soy glaze.

Cauliflower Cashew (GF, V) $27
Cauliflower, bell peppers, onion, ginger, garlic, roasted cashews, mirin, soy sauce.
Add Chicken $8

Kung Pao Chicken (GF) $29
Chicken thigh, spring onion, red onion, peanut, dried chillies, capsicum, celery, roasted sesame seeds, garlic soy sauce.

Coconut Curry (GF,V) $24
Lemongrass, galangal, ginger, potato, Thai basil, fried curry leaves
Add Karaage Chicken $8
Add Barramundi (A) $10
Add Wagyu Beef $10

Sides

Pork & Cabbage Fried Rice (GF) $19
Rice, pork, egg, cabbage, spring onion

Vegetable Fried Rice (GF, V) $18
Rice, edamame, corn, egg, bean sprouts, spring onion

Steamed Rice (GF, V, VE) $5

Pork & Cabbage Fried Rice (GF) $19
Rice, pork, egg, cabbage, spring onion

Steam Asian Greens (GF, V, VE) $16
Asian greens, light sweet garlic soy sauce

Coeliac Menu

Luckies DINER

Shoestring Fries

Seasoned fries (GF,V)) — $11
Served with ketchup

Sweet Potato Fries (GF,V) — $16
Served with ranch dipping sauce

Classic Burgers - served as Bowls

Royale with Cheese — $25
Beef, cheese, lettuce, tomato, pickle & special sauce.

Mushroom & Halloumi Burger — $25
Grilled field mushroom, halloumi, tomato, lettuce, red onion, avocado & special sauce.

Chicken Deluxe — $26
Southern fried tenders, cheese, lettuce, tomato, ranch with smokey BBQ or buffalo sauce.

BBQ Bacon Cheese — $27
Bacon, beef, cheese, lettuce, tomato, pickles & BBQ sauce.

AUSSIE AUSSIE AUSSIE — $27
Beef, grilled pineapple, beetroot, egg, cheese, lettuce, tomato, pickle & special sauce.

Please note: All Burgers will be served as a bowl. Served with ranch slaw, burger salad & all the extras in your burger.